# Preservation of internal iliac artery (IIA) patency in endovascular aorto-iliac aneurysm repair using the "banana" technique.

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## INTRODUCTION

Successful repair of aorto-iliac aneurysms can necessitate occlusion of the internal iliac artery. This can cause debilitating buttock claudication and sexual dysfunction<sup>(1).</sup> Whilst devices exist which allow preservation of IIA patency they are not suitable for all cases. An alternative technique that can be used to preserve a single IIA involves placing a contralateral aorto uni-iliac (AUI) stent graft, a surgical fem-fem crossover graft and an ipsilateral stent graft from the external to the internal iliac artery ("banana" technique). There are few publications detailing performance and follow-up of this technique and we aim to describe our experience.

#### AIM

To report the preliminary experience of the University Hospital of Wales using the 'banana' technique.

#### METHOD

- Retrospective study of all patients who underwent the banana technique for endovascular repair of an aorto-iliac artery aneurysm between November 2008 and July 2013 in a single centre under 2 operators.
- Demographics, procedural data and follow-up CT angiography & ultrasound were collected.
- Data analysis included: devices used, technical success, mortality, complications and endoleaks.

RESULTS
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Demographics	Follow-up Period			
Total number of patients	8			
Mean age	72y (range 60-84)	Total cumulative follow-up time	239	months (omitting 2 'failed' bananas)
Men	8 (100%)	♦Mean ♦Range	39.8 3–80	months months
Elective Emergent	7 1	Mortality		
		30 day mortality		0 patients
Stent Graft		<ul> <li>&gt;30 day mortality (range 3-29 months)</li> <li>3 patients</li> <li>No aneurysm related deaths</li> </ul>		
Medtronic Talent	1 (12.5%)			
Medtronic Endurant	7 (87.5%)			
Banana Graft	'Fluency' used in all cases	Complications		
		1 case of banana occlusion by 1 <sup>st</sup> F/U CT @ 6/52 – not intervened.		
Technical success	AUI device successfully deployed 8 (100%) Banana successfully placed 6 (75%)	1 case of 10mm migration proximally of Endurant graft @ 36/12, observed, CT @ 48/12 showed further migration - aortic extension successfully placed.		

2 cases of failed banana placement -

1 could not be placed 1 occluded on table

NB 'success' - Not requiring open repair, no significant Type 1 or 3 Endoleak at end of procedure, no intra-operative mortality)

1 case with type 1 & 2 endoleaks at 1<sup>st</sup> F/U – DSA and proximal ballooning performed, unable to cannulate IMA. At 12/12, endoleak resolved, sac size decreased.

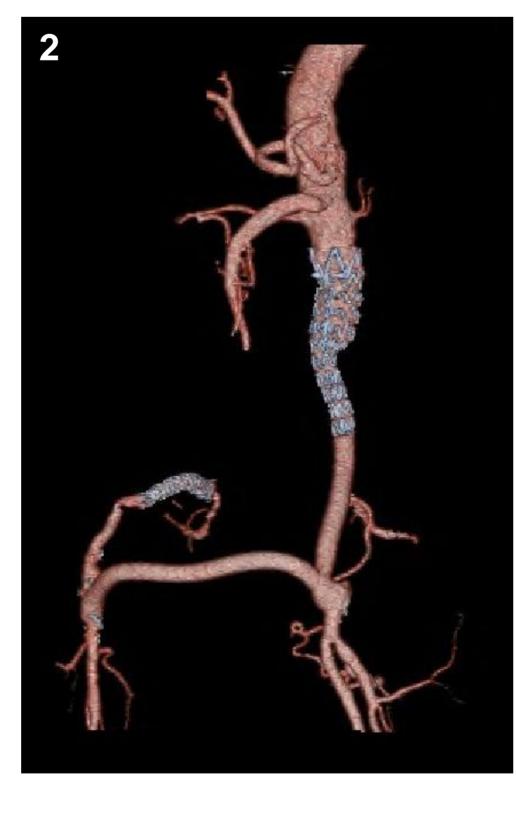
No complications related to the Fem-Fem cross-over graft

#### FIGURES



1 – Pre-procedure.

3D CT reconstruction showing Right CIA aneurysm & tortuous iliac arteries



2 – Post-procedure.

3D CT reconstruction showing left Aortofemoral stent graft, Fem-fem cross over and Right EIA to IIA stent graft



#### 3 – Post-procedure.

DSA showing patent right external to internal iliac stent graft excluding the right CIA aneurysm

## DISCUSSION

Two cases of endoleak were noted on completion - A single type 4 and type 1 endoleak. These underwent early CT F/U which demonstrated complete resolution and as such no intervention was required.

\*One case (12.5%) developed an endoleak during follow-up which resolved after treatment. This is comparable with the reported endoleak incidence of between 3.9 and 16% (2,3). 1 of the bananas occluded during placement and was not recoverable, and another occluded by the 1<sup>st</sup> F/U CT.

\*No patients died within 30days corresponding to a 0% 30day mortality – lower than the 1.7% reported in the EVAR 1 study<sup>(4).</sup> Especially as our study included 'all-comers' meaning that we operated on patients whose co-morbidities would have disqualified them from EVAR 1.

# CONCLUSIONS

The use of a covered stent from the EIA to IIA in conjuction with a contralateral AUI and a surgical fem – fem crossover graft (banana technique) offers a method to preserve the patency of the IIA in selected cases.

#### REFERENCES

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